



BTEC Assignment Front Sheet and Assignment Brief

Sport

Course Title:	BTEC Level 2 Extended Certificate in Sport
Unit Title	4: Anatomy and Physiology
Learner Name	
Assessment Tutor	Jillie Pritchard

Date Issued		Deadline Date		Submitted on	
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Assignment Title	4: Going Up Market
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Task Number	Criteria Reference	To achieve this the evidence must show that the students is able to:	Achieved
1	D1	Analyse the musculoskeletal actions occurring at four synovial joints during four different types of physical activity.	

Plagiarism is the Act of passing someone else's ideas or work as your own. It is a serious disciplinary offence

Learner Declaration			
I certify that the work submitted for this assignment is my own and research sources are fully acknowledged			
Teacher Declaration			
I declare that the candidate's activities have been regularly monitored and all feedback is recorded. I also declare that to the best of my knowledge, this is the candidate's own work.			
Learner Signature:		Date:	
Teacher Signature		Date:	



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Assignment Description

The club is really pleased with the initial work you have done with the younger members...so much so that they have purchased some rather expensive video analysis technology to help take their understanding to the next level.



The youngsters are excited...but not as much as you and the other coaches who can't wait to get your (and their) hands on the gear!

Task Number	Task Description:	Mapping to Grading Criteria
1	<div data-bbox="212 709 453 1108" data-label="Image"> </div> <p data-bbox="474 709 1393 863">As analysing performance in this way is new to everyone at the club it is decided to have a trial run with the technology during a training session, using the data to initially analyse the <u>musculoskeletal actions occurring at 4 synovial joints during 4 different types of physical activity (D1)</u>....so that the coaches can discuss the finding afterwards.</p> <p data-bbox="474 909 1386 1001">It is hoped that by taking this approach the coaches will learn from each other and be in a better position to make maximum use of the technology with the younger players in the future.</p> <p data-bbox="474 1047 1373 1077">It is agreed that 4 different activities will be videoed and that each coach will:</p> <ul data-bbox="224 1119 1398 1318" style="list-style-type: none"> <input checked="" type="checkbox"/> Break down the 4 actions into small parts, detailing exactly what is happening with the muscles, bones and joints involved <input checked="" type="checkbox"/> Explain (give reasons why) the actions are taking place, including what actions are happening in the muscles concerned and why the joints allow this movement <p data-bbox="224 1404 1390 1465">You know this is going to be a real challenge, so decide to record your ideas in table form (see next page) – so the information will be easy to refer to during the coaches debrief.</p> <p data-bbox="224 1514 1365 1575">You also remember doing as similar thing on your BTEC Sport course, using Phillips Idowu and a few other performers as examples (Activity 12) so decide to use this material as well to help.</p> <p data-bbox="224 1621 1373 1682">You know you will be presenting your <u>feedback verbally</u>* in this instance but want some resources to refer to in case you get tongue tied!</p>	D1



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Evidence Suggestions:			
* NB – the analysis can be presented in any realistic format			
Resources for Support:			
This brief has been verified as being fit for purpose			
Assessor			
Signature		Date	
Internal Verifier			
Signature		Date	



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ASSIGNMENT FEEDBACK SHEET

<i>Performance criteria covered in this assignment:</i>							
<i>P1</i>	<i>P2</i>	<i>P3</i>	<i>P4</i>	<i>P5</i>	<i>P6</i>	<i>P7</i>	<i>P8</i>
<i>M1</i>	<i>M2</i>	<i>M3</i>	<i>M4</i>	<i>M5</i>	<i>M6</i>	<i>M7</i>	<i>M8</i>
<i>D1</i>	<i>D2</i>	<i>D3</i>	<i>D4</i>	<i>D5</i>	<i>D6</i>	<i>D7</i>	<i>D8</i>

Assessor Feedback:
Grades Achieved:
Student comment:
Action Plan

Assessor Signature		Date	
Learner Signature		Date	



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Sporting Movement	Muscles involved	Bones involved	Joints involved	Why? Muscle action & joint movement
				
				
				
				