



SE BCU - Lewisham, Royal
Greenwich & Bexley
Safer Schools Partnership

www.met.police.uk

Dear Parent/Carer,

RE: Edible Drugs

As a Schools Team we are aware of the concerns raised recently re Edible Drugs and this being promoted on some social media platforms such as Facebook, Snapchat and Instagram.

Recently we received an alert from South London and Maudsley, NHS Foundation Trust after six young people in Lewisham were admitted to hospital after consuming sweets infused with THC which can be found in cannabis.

As you may be aware, cannabis along with other chemicals can be mixed into cakes (hash brownies), tea, yoghurt or sweets (gummies/lollipops). The quantities in these products can vary greatly and sometimes other harmful drugs are added too.

The effects of consuming edibles are unpredictable and it can be very easy to accidentally take a larger dose.

Edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream through the liver. Because it takes longer, the user may end up consuming larger amounts of the drug while thinking the drug isn't working. Overdosing with edibles can be a greater risk because of this.

We ask that you monitor food packaging/wrappers at home, looking for wording such as CBD or THC or suggesting the items are cannabis oil infused. Please be mindful of the medical needs should your child present with such symptoms, or if it becomes apparent they have consumed a drug laced substance. Medical treatment should be sought immediately.

If you are made aware of any social media accounts advertising these items, we ask you report this information to the Police, School, CrimeStoppers or Fearless so that we can prevent the distribution to young people. If you discover any of these sweets, they should be destroyed or handed to the custody of a police officer.

We have attached some examples of what some of the sweet packages look like and also have attached the link to Frank which gives more information and laws surrounding Edibles.

www.talktofrank.com/drug/cannabis

Yours Faithfully

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CBD/THC Awareness Examples

