



GCSE PE– Revision Information:

Pupils study the OCR PE GCSE.

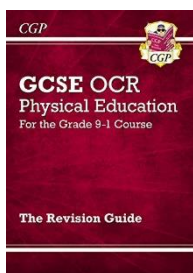
We recommend that your child should be spending a minimum of 2 hours per week revising and practicing independently to prepare for their GCSE exams. Independent practice has been proven to aid rapid progress in any subject. In addition to this, students should regularly attend extracurricular sports clubs or play sport competitively outside of school to prepare for the practical component of the course.

A breakdown of the course can be seen below.

- Paper 1: Applied anatomy and physiology 30%
- Paper 2: Socio-cultural issues and psychology 30%
- Practical performance 40%

Useful (FREE) Websites and Resources for Yr11 GCSE PE Revision:

GCSE - Physical Education (9-1) - J587 (from 2016) - OCR	Access to revision powerpoints and activities for each topic under the topic exploration pack tab in the planning and teaching section of the website. Access to past papers and mark schemes under the sample assessment tab.
Free OCR PE GCSE Revision Seneca (senecalearning.com)	Online revision guide with practice questions, revision tasks and videos.
GCSE Physical Education - OCR - BBC Bitesize	Revision notes, video and quizzes. Also contains exam technique guidance and tips.
BrianMac Sports Coach	Revision notes on topics specific to the GCSE course and more.
PE (Physical Education) Revision World	Revision notes and quizzes.



Revision Guides:

We recommend the CGP revision books, particularly the ones which focus on exam practice:

https://www.amazon.co.uk/GCSE-Physical-Education-Revision-Guide/dp/1789083206/ref=asc_df_1789083206?tag=bingshoppinga-21&linkCode=df0&hvadid=80333147981899&hvnetw=o&hvqmt=e&hvbmt=be&hvdev=c&hvlocint=&hvlocphy=&hvtargid=pla-4583932703011621&psc=1