



Conisborough College

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Part of United Learning

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8th July 2024

Dear parent/carer,

RE: Conisborough College Sports Day 2024 - 16th July 2024

Sports day this year will again be based at Sutcliffe Park Athletics Centre on the 16th July 2024

The aim of this year's Sports Day is to create a whole school event where maximum participation is achieved from students and staff. We are striving to develop an Olympic atmosphere in the build up to this year's Paris Olympics.

Students will be separated into 4 houses (Yellow/Blue/Red/Green). Each house has been assigned a country, we have used a selection covering Europe, the Caribbean, Asia and Africa as the Olympics is an international event.

| Houses | Country |
|--------|---------|
| Yellow | Jamaica |
| Blue | France |
| Red | China |
| Green | Nigeria |

Students are more than welcome to use banners, flags and face painting etc to represent their assigned country. All students should attend in their PE kit or sports attire in their country's colours. Tight or revealing clothing is not permitted e.g. leggings, cycling shorts, crop tops etc. Failure to adhere to this will mean being sent home. All students must wear trainers.

Each house will be competing for two major awards: ***"Best supported House"*** and ***"Sports day Winners"***.

Sports day winners:

For this trophy, each year group will compete for their house in track and field events. For every student that finishes in the top 3, a gold, silver and bronze medal will be awarded directly after the event by SLT.

Best supported House:

For this trophy, we will be looking for the House with the loudest voices, brightest colours and most inventive Olympic ideas.

Conisborough College Year 11 students

A selection of our year 11 students have been invited to assist with running the events, we will include these students in a relay against staff and year 10 to conclude the day.

Principal: Ms Lucy Oragano

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Transport to and from the venue:

Students will make their own way to and from Sutcliffe Park Athletics Centre, ensuring they arrive for the correct time for their year group:

| Year group | Staggered arrival time |
|------------|------------------------|
| 7 | 9:00am |
| 8 | 9:15am |
| 9 | 9:30am |
| 10 | 9:45am |

NB: Sutcliffe Park Athletics Centre is on Eltham Road at the junction with Kidbrooke Park Road. Buses 321 (Foods Cray – New Cross), 122 (Plumstead – Crystal Palace), B16 (Bexleyheath Bus Garage -Wingfield School) - pass the park and bus 160 (Thomas Lane – Sidcup station) runs nearby.

We aim to start sports events at 10:00am and finish at by the latest of 3pm. Students will leave slightly staggered to avoid overcrowding of local public transport.

I would like to take this time to emphasise how important it is that students bring the following to sports day:

- A Packed lunch (Lunch will be provided for students on FSM)
- A bottle of water to maintain hydration (a minimum of 1litre)
- Sunscreen for protection against the sun
- A cap to protect eyes and skin from the sun.

We strongly advise students leave valuables such as phones and wallets/purses at home, however we can facilitate safe keeping for those participating in events. In the event of these being lost or damaged, failure to hand such items in will mean we will take no further action.

As it is a sports event, no jewellery is permitted for participants for safety reasons.

Yours sincerely

Miss Edwards

Miss J Edwards
Head of PE
Conisborough College